DESTINATION GUIDE SERIES

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TRAVELER DESTINATION GUIDE SERIES

ELITE DESTINATION GUIDE | TOKYO
www.elitetraveler.com
# HIGHLIGHTS OF TOKYO

Don’t miss out on Tokyo’s wealth of attractions, adventures and experiences

In just 400 years Tokyo has grown from a small fishing village to become the world’s largest metropolis. Today it is a city that combines innovative futuristic skyscrapers with traditional sights, meaning there are many fascinating things to see and do, as well as chic and sophisticated places to shop.

The Imperial Palace is still the home of the imperial family. Built on the site of the old Edo Castle, it is also an important cultural site with museums and pristine gardens.

Despite the rapid growth and metropolitan feel of Tokyo, it still holds on to its cultural history and the Sumo tour is as popular as ever. Held at the impressive Ryogoku Stadium in Tokyo three times a year, it is definitely an experience that cannot be replicated elsewhere.

There are yacht facilities in Yokohama just south of the main city giving you the opportunity to escape the city and explore the surrounding islands.

Japan is the birthplace of the bullet train, and still has one of the most modern high-speed rail networks in the world, making it easy to travel out from the capital to see more of the country during your stay.

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<tr>
<th>SUMO TOUR</th>
<th>IMPERIAL PALACE GARDENS TOUR</th>
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<td>Sumo is Japan’s oldest international sport and is still immensely popular in Japan. The Ryogoku Stadium is the best place not only to see the tour but also to learn more about the Sumo world. The tour comes to Tokyo three times a year and is a uniquely Japanese experience where visitors can either sit in Western-style stadium seating or choose a traditional Japanese box. Exclusive and VIP tickets are available through corporate contacts.</td>
<td>The imperial family has lived in this palace since 1590 and the current emperor and his family still live in the western part of the grounds. The rest is divided into public parks with the most famous landmark being the Nijubashi, a double-arched stone bridge that was completed in 1888 as the main entrance to the palace. The Museum of the Imperial Collections is located in the East Garden and showcases a changing exhibition of some of the imperial household’s treasures.</td>
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<th>IMPERIAL PALACE</th>
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<th>BULLET TRAIN</th>
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<td>The ‘Bullet Train’ or Shinkansen is the world’s oldest high speed train network and has been operating since 1964. There are three types in use: the Nozomi, the fastest and sleekest stopping only at the main stations (including Tokyo and Kyoto); the Hikari, which stops at a greater number of stations; and the Kodama, which stops at all the stations. The trains can reach up to 186 mph and announcements on board are made in both English and Japanese.</td>
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Only Elite

Elite Traveler has selected the most exclusive VIP experiences that Tokyo and Japan have to offer

Swim with Dolphins
Miyake Island – Dolphin Club
VIP contact: Shuichi Taguchi
Email: dolphin-club-tag@fork.ocn.ne.jp
Website: www.dolphin-club-miyakejima.com
Located 112 miles south of Tokyo (about 45 mins by plane and six hours by boat) Miyake Island is home to about 200 wild Indo-Pacific bottlenose dolphins. Trained staff at the Dolphin Club will show you how to scuba dive before you venture out to see these beautiful creatures in the wild. The dolphins are friendly, curious and playful, and are often happy to approach visitors. As well as dolphins you will be sure to see other marine life in the sparkling blue sea around this volcanic island.

Formula One Racing Car

Formula One
October 7, 2012
Website: www.formula1.com
The Japanese Grand Prix is held at the Suzuka circuit, which was designed as a Honda test track in 1962 by John Hugenholtz. Suzuka is one of a few circuits in the world to have a figure-of-eight layout, with the back straight passing over the front section by means of an overpass. Suzuka enjoys a long history as the venue of the Japanese Grand Prix. Its traditional role as one of the last races of the season means numerous world championships have been battled out on this track. VIP options are available.
CONCIERGE RECOMMENDATIONS

We asked Tokyo’s top concierges to share their personal recommendations for the perfect day.

MASUMI TAJIMA
CHIEF CONCIERGE, MANDARIN ORIENTAL

Phone: +81 3 3270 8800
Website: www.mandarinoriental.com/tokyo

“Wake up early in the morning to start your day at the Tsukiji Fish Market, which is the largest fish market in the world. Wander through the stalls then enjoy a fresh sushi breakfast. The Nihonbashi neighbourhood is the birthplace of the rickshaw, so take a trip back in time by taking a tour on a rickshaw to visit nearby attractions such as Edo Castle (now the Imperial Palace), beautiful Japanese gardens and inspiring temples and shrines. Have lunch at Sunaba, another long-established local restaurant, which specializes in fresh soba noodles. Made from buckwheat flour, these noodles are served in broth or can be dipped in a delicious side sauces which are available in many different flavors. Spend the afternoon soaking up some Manga (Japanese cartoons) culture in Akihabara where there are many Manga shops and cafes as well as electrical stores with the latest Japanese technology. Have dinner at the Michelin-starred Tapas Molecular Bar in the Mandarin Oriental. Guests can be a part of a unique ‘molecular’ experience, served sushi bar style, at this wonderfully distinguished tapas bar situated in the Oriental Lounge.”

BEST RESTAURANTS
The Tapas Molecular Bar at Mandarin Oriental, Tokyo
Signature at Mandarin Oriental, Tokyo
Sense at Mandarin Oriental, Tokyo

BEST SHOPS
Mitsukoshi department store

BEST TO DO
Learn Bushido – the Soul of Japan – from a Samurai Master
Bushido is the set of rules followed by the renowned samurai – a highly-skilled class of warriors. Today in Japan the memory of the samurai is still honoured and bushido remains a part of the country’s culture. At Nihonbashi’s samurai training facility you can take lessons from a samurai master. If you learn to handle the sword well, you could even leave with a “way of the warrior” certificate.

BELINDA LAWRANCE
CONCIERGE TEAM LEADER, PARK HYATT

Phone: +81 3 5322 123
Website: www.tokyo.park.hyatt.com

Firstly, take a serene swim in the swimming pool at Club on the Park, 47 floors above the hustle and bustle of Shinjuku.

Breakfast - Go to the gourmet buffet at Girandole on the 40th floor, overlooking the city’s skyscrapers.

Morning - See Tokyo on foot and get some fresh air and exercise by walking from the hotel’s main entrance to the beautiful Meiji Shrine ten minutes away. Continue through its grounds to Harajuku Station and then down Omotesando Avenue, which is lined with brand boutique stores and smaller side streets, for a more “Tokyo fashion feel”. Pass Prada for its architectural appeal, then to the Nezu Museum to enjoy its small exhibition space and extensive Japanese gardens.

Lunch - Go to Maisen for crispy tonkatsu cutlets or to Sakuratei for tasty okonomiyaki savory pancakes.

Afternoon - Return to the Omotesando intersection and then head down to Shibuya for the famous scramble crossing and Hachiko dog statue. Then take the subway to Asakusa and check out the Tokyo Tower, which is now over 400-metres tall and – as it’s still under construction – growing daily. Also check out Tokyo’s oldest temple Sensoji and the huge variety of lively souvenir shops along Nakamise Street. Squeeze in some shopping at fashionable Isetan or Takashimaya.

Evening - Return to the hotel for dinner at the New York Grill, which is the ultimate dinner venue, followed by live jazz and fantastic views from the New York Bar.

BEST RESTAURANTS
Robata – a lively setting for freshly grilled vegetables, daily catch, Japanese beef and more.

Tsunahachi Tempura – a traditional setting for an amazingly light, crispy tempura which is served at the counter – and it’s only a 15 minute walk from the hotel.

Ishikawa at Kagurazaka – a tiny three-star Michelin-rated restaurant, serving exquisite seasonal kaiseki cuisine.
CONCIERGE RECOMMENDATIONS

MS AKANE TANAKA
CHIEF CONCIERGE, THE PENINSULA

Phone: +81 3 6270 2888
Email: ptk@peninsuala.com

After breakfast at the Lobby restaurant head off on the Imperial Palace tour. The palace is located on the former site of Edo Castle, which was occupied by the Tokugawa Shogunate and visitors are shown around the grounds by the Imperial Household Agency.

The hotel’s chauffeur will then take you and your escort in either a Rolls-Royce or BMW to the Kikyomon Gate for an official excursion showing guests the centuries-old stone castle keeps and the ceremonial halls which are used by the current Imperial Family.

Participants will then return to the hotel for a lunch at Kyoto Tsuruya, a contemporary restaurant serving refined Japanese kaiseki and tempura. Then spend the rest of the day relaxing by the hotel’s heated indoor swimming pool from where you can enjoy the stunning views over the Hibiya Park, before returning to your room to get ready for the evening ahead.

For dinner, try the tucked-away Toufuya Ukai at the base of Tokyo Tower, which has been described as an ‘only in Japan’. It is a two-centuries-old sake brewery set in a beautiful garden with winding paths. Kimono-clad staff provide the best service possible and the garden views combined with refined traditional tofu cuisine make this one of Tokyo’s showpiece dining options.

If you feel like celebrating with a cocktail and cigar when you return to the hotel bar, Peter. Located on the 24th floor, it’s the perfect place to enjoy a nightcap with stunning views of Tokyo’s skyline.

BEST RESTAURANTS
Peter at The Peninsula Tokyo
Cuisine: International
Address: 1-8-1 Yurakucho, Chiyoda-ku

RyuGin
Cuisine: Asian fusion
Address: Side Roppongi Building, 1st Floor, 7-17-24 Roppongi, Minato

Robataya
Cuisine: Traditional Japanese
Address: 4-4-3 Roppongi, Minato-ku

BEST SHOPS
Ito-ya (stationery store)
Tokyu Hands (department store)
WHERE TO STAY

Sumptuous beds, spectacular views and service beyond compare – choose from our stunning selection of luxury hotels

FOUR SEASONS MARUNOUCHI

VIP contact: Michael Branham
Phone: +81 3 5222 7222
Address: Pacific Century Palace, 1-11-1 Marunouchi, Chiyoda-ku
Email: michael.branham@fourseasons.co.uk
Website: www.fourseasons.com

Set in the striking contemporary setting of the glass tower of the prestigious Pacific Century Palace, the Four Seasons in Marunouchi offers amazing views of the city. Guests receive a highly personalized service for the entirety of their stay and enjoy the use of the luxuriously-appointed spa.

TOP SUITE

CHAIRMAN’S SUITE

- Square footage: 1,720
- Nightly rate: $6,100

Why we love it: Consisting of a king-size bedroom, separate living area and dining area, which seats up to ten, the chairman’s suite is the perfect venue for business gatherings and private dinner parties. The well-furnished living room is also equipped with the latest home entertainment and communication devices. The room features wall-to-wall triple-glazed glass windows – which creates a virtually silent space and a sense of openness, contemporary décor, leather canopies and Japanese-lacquered doors and table tops.
WHERE TO STAY

PARK HYATT
VIP contact: Philippe Roux-Dessarps, General Manager
Phone: +81 3 5322 1234
Email: tokyo.park@hyatt.com
Address: 3-7-1-2 Nishi Shinjuku, Shinjuku-Ku
Website: www.tokyo.park.hyatt.com
Situated on the top 14 floors of the Shinjuku Park Tower, the sophisticated Park Hyatt offers sweeping views of the city and Mount Fuji. In the heart of the city’s vibrant business and entertainment district the hotel offers an unparalleled level of comfort and a personalized service. It features access to a private art collection, acclaimed restaurants and renowned spa and fitness center, Club on the Park.

TOP SUITE
PRESIDENTIAL SUITE
• Square footage: 3,120 • Nightly rate: $10,000
Why we love it: The presidential suite offers a perfect place in which to relax, do business or entertain. The private butler, marble bath, grand piano and stunning panoramic views of the city makes this one of the most classy and elegant suites in the whole of Tokyo. In the bathroom you’ll find a spa tub, sauna and rain shower to enjoy and the master bedroom includes two king-size beds with down duvets. For your entertainment needs there is a 50 inch plasma television and CD library. There is also a separate study area with all the equipment necessary to conduct business.
WHERE TO STAY

MANDARIN ORIENTAL
VIP contact: Christian Hassing
Phone: +81 3 3270 8800
Email: motyo-reservations@mohg.com
Address: Pacific Century Place, 1-11-1 Marunouchi, Chiyoda-ku
Website: www.mandarinoriental.com/tokyo

With its superb location in the city’s prestigious financial district, the award-winning Mandarin Oriental brings contemporary elegance to Nihonbashi, the historical and cultural center of Tokyo commerce. True to its surroundings, it dynamically blends the best of past and future architectural splendor. There are 157 spacious rooms and 21 suites all with access to an oasis-like, award-winning spa, paradigm-setting bar and Michelin-star restaurants.

TOP SUITE
PRESIDENTIAL SUITE
- Square footage: 2,690  - Nightly rate: $9,900
Why we love it: The rooms are vast – the versatile layout allowing for one or two bedrooms – with the master bedroom offering 350 square feet of space and a sizeable walk-in wardrobe. The bathroom is your private spa with water treatments that can invigorate or relax. A separate study, living area, dining room, pantry, hall and powder room ensure that you will be comfortable making this your home for an extended stay. The decor is infused with hints of Japanese culture with original fabrics and textiles created by master artisans, such as a wall-mounted Isegata kimono pattern collection and cherry blossom arranged in vases next to the wall-to-ceiling windows.
WHERE TO STAY

SHANGRI-LA HOTEL
VIP contact: Wolfgang Krueger, General Manager
Phone: +81 3 6739 7888
Email: wolfgang.krueger@shangri-la.com
Address: Marunouchi Trust Tower, Main, 1-8-3 Marunouchi, Chiyoda-ku
Website: www.shangri-la.com/tokyo
Tokyo’s splendid Shangri-La Hotel is the newest luxury hotel in the city. It is conveniently located next to Tokyo Station and can provide an escort to and from platforms – an example of the Shangri-La’s unique brand of luxury hospitality and service. As well as the very finest facilities and amenities, guests can experience breathtaking views from six exclusive suites at the very top of the impressive Marunouchi Trust Tower, which overlooks the Imperial Palace or Tokyo Bay. It’s also in the perfect spot for some retail therapy as it is surrounded by the most popular shopping areas.

TOP SUITE
SHANGRI-LA HOTEL SUITE
• Square footage: 3,300 • Nightly rate: $25,000

Why we love it: Located on the top floor in the city’s tallest building, the Ritz-Carlton Suite offers panoramic views stretching from Shinjuku’s skyscraper district to the Imperial Palace’s outer gardens. It provides every comfort and convenience, including a marble bath and rain shower, Frette linen, a 40-inch Sony television with DVD player, access to The Ritz-Carlton club lounge for dedicated concierge service, round-the-clock food and beverage offerings, and an extra measure of privacy and security.

RITZ-CARLTON
VIP contact: Mr Francois Cnockaert, General Manager
Phone: +81 3 3423 8000
Email: francois.cnockaert@ritzcarlton.com
Address: 9-7-1, Akasaka, Minato-ku
Website: www.ritzcarlton.com
Located in the heart of Tokyo Midtown, in the city’s tallest building, The Ritz-Carlton sits at the core of Roppongi, the city’s entertainment, diplomatic and design-related business hub. Featuring 248 guest rooms, including 36 suites and club level rooms, the hotel offers panoramic vistas, award-winning cuisine, and an unrivaled guest experience. For relaxation, the hotel offers Spa & Fitness by ESPA with the ultimate in pampering, rejuvenation and restorative experiences. The spa features an indoor pool, dry sauna, steam sauna, nine spa treatment rooms, one spa suite and a fitness studio.

TOP SUITE
RITZ-CARLTON SUITE
• Square footage: 3,300 • Nightly rate: $25,000

Why we love it: Located on the top floor in the city’s tallest building, the Ritz-Carlton Suite offers panoramic views stretching from Shinjuku’s skyscraper district to the Imperial Palace’s outer gardens. It provides every comfort and convenience, including a marble bath and rain shower, Frette linen, a 40-inch Sony television with DVD player, access to The Ritz-Carlton club lounge for dedicated concierge service, round-the-clock food and beverage offerings, and an extra measure of privacy and security.

PRESIDENTIAL SUITE
RITZ-CARLTON SUITE BEDROOM

Why we love it: The Presidential Suite, offering the hotel’s very finest accommodation, is elegantly appointed with space, freedom and total comfort in mind. A concierge service and special facilities can be enjoyed through the Horizon Club Lounge, which also provides a wide selection of newspapers, magazines and books as well as a sumptuous club breakfast. The suite features a view of Tokyo’s Imperial Palace and, on a clear day, guests can also enjoy a beautiful sunset with the silhouette of Mount Fuji.
WHERE TO STAY

**THE PENINSULA**

VIP contact: Malcolm Thompson, General Manager  
Phone: +81 3 6270 2888  
Email: mtptk@peninsula.com  
Address: 1-8-1 Yurakucho, Chiyoda-ku  
Website: www.tokyo.peninsula.com  
Located in Tokyo’s financial center of Marunouchi, the elegant and beautifully-designed Peninsula Hotel can be found opposite the Imperial Palace and a few-minutes’ walk from the classy shopping area of Ginza. This stylish hotel, featuring 267 thoughtfully-designed rooms and 47 suites, offers its guests every convenience and the latest technology to make staying here nothing but a pleasurable experience. There is an exciting range of dining options and a luxurious spa and fitness center that includes a thermal suite with crystal steam rooms.

**TOP SUITE**

**THE PENINSULA SUITE**  
- Square footage: 3,730  
- Nightly rate: $9,990

*Why we love it:* The largest suite of any luxury hotel in Tokyo, the Peninsula Suite offers the height of luxury to its guests – and as it is situated on the 23rd floor with an outdoor balcony, it provides stunning views of the Imperial Palace Gardens and Hibiya Park. Featuring a spacious dining room, living area and grand piano, study, master bedroom and oversized marble bathroom you will enjoy high-end living. But the luxury doesn’t end there, when you stay in this suite the hotel’s custom Audi R8, fitted out with beige nappa leather and the hotel’s logo and gold pin stripe, is also at your disposal.

**HOTEL SEIYO GINZA**

VIP contact: Lloyd Nakano, General Manager  
Phone: +81 3 3535 1111  
Address: 1-11-2 Ginza, Chuo-ku  
Website: www.seiyo-ginza.com  
Hotel Seiyo Ginza is located in the heart of the Ginza district of Tokyo. At the crossroads of the financial and fashion districts, this is a perfect place for both business and leisure. Although the hotel’s 77 rooms are designed differently, each offers the most spacious baths in Japan, separate showers, vanity areas and walk-in closets. A personal concierge and butler service is provided as is access to an exclusive members’ bar for hotel guests. There are three restaurants, with the choice of French, Italian or Japanese cuisine, as well as a cake shop, which offers an exquisite selection of unique and freshly-made pastries, chocolates and cookies.

**TOP SUITE**

**PREMIER SUITE**  
- Square footage: 1,710  
- Nightly rate: $2,700

*Why we love it:* The Seiyo Ginza Premier suite features coordinated interiors and modern facilities to make any stay enjoyable and is popular with both Hollywood stars and businessmen. It has a spacious bathroom with separate bath and shower. All mattresses are designed by Sealy Posturepedic and feature the latest orthopedic technology to make them as comfortable as possible. Room technology includes individual climate and humidity controls, faxing, high-speed internet access, a minibar and entertainment system.
WHERE TO DINE

FINE DINING

ARGENTO ASO
General Manager: Minoru Yamasaki
Phone: +81 3 5524 1270
Email: aa@hiramatsu.co.jp
Address: 8th and 9th Floor, ZOE Ginza, 3-3-1, Ginza, Chuo-ku,
Website: www.hiramatsu.co.jp/eng/restaurants/argento-aso
Cuisine: Italian
Style / Ambiance: The Italian word ‘argento’ means silver and is used to describe something that is beautiful and precious. Situated in the heart of Ginza, the two-star Michelin restaurant serves delicious Italian food from executive chef Tatsuji Aso. Made only with the finest ingredients, the eye-catching, colorful and playful dishes offer a sensory delight. With chic black and silver decor the atmosphere is stylish yet comfortable.

CHATEAU DE JÖEL ROBUCHON
Phone: +81 3 5424 1338
Website: www.robuchon.jp
Address: Ebisu Garden Place, 1-13-1 Mita, Meguro-ku
Cuisine: French
Style / Ambiance: Celebrated French chef Jöel Robuchon has won more Michelin stars than any other chef in the world and the Château has earned the full three. It offers a mainly à la carte menu based on French cuisine.

LOCAL CUISINE

KANDA
Phone: +81 3 5786 0150
Address: 3-6-34 Motoazubu, Minato-ku
Cuisine: Traditional Japanese
Style / Ambiance: Awarded three Michelin stars in 2009, the traditional Japanese restaurant’s cooking is guided by the seasons. Food is tailored to compliment the drinks the customer has ordered.

KOJU
Phone: +81 3 5215 9544
Address: 8-5-25 Ginza, Chuo-ku
Cuisine: Traditional Japanese
Style / Ambiance: With three Michelin stars, the use of high quality ingredients is paramount at Koju. The kitchen employs traditional techniques and adds just a few contemporary touches, allowing the ingredients to speak for themselves. The counter seats are highly coveted as they afford the diner the opportunity to chat with the chef/owner.

L’ATEIER DE JÖEL ROBUCHON
Phone: +81 3 5772 7500
Website: www.robuchon.jp
Address: 2F Hillside, Roppongi Hills, 6-10-1 Roppongi, Minato-ku
Cuisine: French
Style / Ambiance: This chic and relaxed open kitchen, designed by the famous French designer Pierre-Yves Rochon, brings a new style of dining in a casual, enjoyable environment where customers can talk directly with the chef.

From traditional Japanese to impressive French cuisine Tokyo boasts an impressive array of dining experiences and the elite traveler does not even have to venture out of their hotel.

LIVELY
WHERE TO DINE

**EKKI BAR AND GRILL AT THE FOUR SEASONS MARUNOUCHI**

General Manager: Tsutomu Konishi [Executive Sous Chef]
Phone: +81 3 5222 5810
Address: Pacific Century Place, 1-11-1 Marunouchi, Chiyoda-ku
Website: www.fourseasons.com/marunouchi/dining
Cuisine: Japanese

**Style / Ambiance:** With over 60 seats in a stylishly designed setting, this restaurant offers a fine dining experience – with many signature appetizers and main courses – to be enjoyed while taking in stunning views of the city. Here you can delight in fresh seafood from the Tsukiji Fish Market, such as hokkaido scallops, and succulent Japanese beef, including kobe and sendai. If you’re in the mood for sipping cocktails then try the sangria spoon, or perhaps enjoy a selection from the restaurant’s boutique New World wine list.

**STUNNING VIEW**

**NEW YORK GRILL AT THE PARK HYATT**

General Manager: George Akes
Phone: +81 3 5322 1234
Address: 3-7-1-2 Nishi-Shinjuku, Shinjuku
Cuisine: Grill

**Style / Ambiance:** Located on the 52nd floor of the Park Hyatt Tokyo, with enormous floor-to-ceiling windows, diners at the New York Grill can enjoy spectacular views of the city – where on clear days you can see Mount Fujiyama. The restaurant serves a wide variety of quality Japanese and imported beef, market-fresh seafood and poultry roasted to perfection on the rotisserie. Chef de cuisine Stefan Resch and his team work in a stunning open kitchen which really draws guests into the dining experience. The contemporary and sophisticated interior features four substantial paintings of New York scenes by Italian artist Valerio Adami and the wine cellar, containing over 1,600 bottles, holds the largest selection of US wines in Japan. The bar offers exquisite cocktails and has more than 40 liqueurs and 15 cognacs on offer as well as a huge variety of whiskies, gins, rums and tequilas.

**NEW YORK GRILL AT THE PARK HYATT**
WHERE TO DINE

FINE DINING

AZURE 45 AT THE RITZ-CARLTON
General Manager: Radu Cernia (Executive Assistant Manager)
Phone: +81 3 3423 8000
Email: rc.tyorz.leads@ritzcarlton.com
Address: Tokyo Midtown, 9-7-1, Akasaka, Minato-ku
Website: www.ritzcarlton.com
Cuisine: French seafood
Style / Ambiance: This creative fine dining restaurant serves seasonal French seafood cuisine. This is a perfect place to celebrate, gather for lunch or family celebrations. There is a private dining room which can accommodate up to 17 guests.

GORDON RAMSAY AT THE CONRAD TOKYO
Phone: +81 3 6388 8000
Email: FB.ConradTokyo@conradhotels.com
Address: 1-9-1 Higashi-Shinbashi, Minato-ku
Website: www.conradhotels.com/tokyo
Cuisine: French
Style / Ambiance: Featuring cuisine designed by London chef Gordon Ramsay, this Michelin-starred restaurant is located on the 28th floor of the hotel with breathtaking views over the city. The ‘chef’s table’ is the ultimate in exclusive dining, offering eight guests privileged seats just in front of the open kitchen where friendly banter can be enjoyed as the chefs prepare their culinary masterpieces.

PIACERE AT THE SHANGRI-LA
General Manager: Anthony Deville
Phone: +81 3 6739 7888
Email: slty@shangri-la.com
Address: Marunouchi Trust Tower Main, 1-8-3 Marunouchi, Chiyoda-ku
Website: www.shangri-la.com/en/property/tokyo/shangrila/dining/restaurant/piacere
Cuisine: Italian
Style / Ambiance: This west-facing restaurant offers the diner stunning views of the Imperial Garden and Tokyo Station and also a great sense of space due to the double void ceiling. Chef Paolo Pelosi trained at Michelin-starred restaurants in Italy and brings a contemporary and authentic touch to upscale Italian cuisine.

FINE DINING

HINOKIZAKA AT THE RITZ-CARLTON
General Manager: Radu Cernia
Phone: +81 3 3423 8000
Email: rc.tyorz.leads@ritzcarlton.com
Address: Tokyo Midtown, 9-7-1, Akasaka, Minato-ku
Website: www.ritzcarlton.com
Cuisine: Japanese
Style / Ambiance: Serving traditional Japanese cuisine with a contemporary edge this restaurant has earned itself one Michelin star. It features a 200-year-old Japanese tea house for private dining with breathtaking views.

LOCAL CUISINE

GORDON RAMSAY AT THE CONRAD TOKYO
Phone: +81 3 6388 8000
Email: FB.ConradTokyo@conradhotels.com
Address: 1-9-1 Higashi-Shinbashi, Minato-ku
Website: www.conradhotels.com/tokyo
Cuisine: French
Style / Ambiance: This creative fine dining restaurant serves seasonal French seafood cuisine. This is a perfect place to celebrate, gather for lunch or family celebrations. There is a private dining room which can accommodate up to 17 guests.

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Phone: +81 3 6739 7888
Email: slty@shangri-la.com
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HINOKIZAKA AT THE RITZ-CARLTON
General Manager: Radu Cernia
Phone: +81 3 3423 8000
Email: rc.tyorz.leads@ritzcarlton.com
Address: Tokyo Midtown, 9-7-1, Akasaka, Minato-ku
Website: www.ritzcarlton.com
Cuisine: Japanese
Style / Ambiance: Serving traditional Japanese cuisine with a contemporary edge this restaurant has earned itself one Michelin star. It features a 200-year-old Japanese tea house for private dining with breathtaking views.
WHERE TO DINE

LOCAL CUISINE

HAMADAYA
Phone: +81 3 3660 5413
Website: www.hamadaya-midtown.com
Email: info@hamadaya-midtown.com
Address: Nihonbashi Ningyo-cho, 3-13-5 Ningyo-cho, Nihonbashi, Chuo-ku
Cuisine: Traditional Japanese
Style / Ambiance: Elegant Japanese cuisine prepared with the finest ingredients and lovingly presented on the finest dishes. Here geisha—women trained in traditional Japanese entertainment arts—can also be employed to host parties.

LOCAL CUISINE

SUSHI SAITO
Phone: +81 3 3589 4412
Address: Jidousha kaikan Building, F1, 1-9-15 Akasaka, Minato-ku
Cuisine: Sushi
Style / Ambiance: This small sushi restaurant is located opposite the US Embassy. While it may be difficult to find, as it has no sign on the door, it is a favorite among Japanese gourmets and has earned itself two Michelin stars. There are just seven counter seats so booking is essential.

LOCAL CUISINE

TSUJITOME
Phone: +81 3 3403 3984
Address: 1-8-5 Moto-Aksaka, Minoto-ku
Cuisine: Kaiseki
Style / Ambiance: The most exclusive and established kaiseki restaurant, it serves elaborate meals in private dining rooms, many of which are decorated to the tastes of regular diners.

LOCAL CUISINE

SUSHI KANESAKA
Phone: +81 3 5568 4411
Address: 8-10-3 Ginza
Cuisine: Sushi
Style / Ambiance: This sushi restaurant is a favorite of the artist Takashi Murakami and with two Michelin stars it specializes in edomae-style sushi.

LOCAL CUISINE

SAWADA
Phone: +81 3 3571 4711
Address: MC Building, 3F, 5-1-19 Ginza Chuo-ku
Cuisine: Sushi
Style / Ambiance: This highly respected sushi restaurant was awarded two Michelin stars in 2009 and prides itself on sourcing the freshest wild fish in Japan.

STYLISH

SANT PAU
Website: www.santpau.jp
Address: Credo-Nihonbashi Annex, 1-6-1 Nihonbashi, Chuo-ku
Cuisine: Mediterranean
Style / Ambiance: With two Michelin stars, this restaurant offers something different by combing the sophistication of the Tokyo metropolis with some of the world’s finest Catalan cuisine.

FINE DINING

YUKIMURA
Phone: +81 3 5772 1610
Address: Takayanagi Building 3F, 1-5-5 Azubu-juban, Minato
Cuisine: Japanese
Style / Ambiance: Specializing in Kyoto-style cuisine, the restaurant offers creative cuisine using ingredients ordered specially from Kyoto.

FINE DINING

LE MANGE TOUT
Phone: +81 3 3268 5911
Website: www.le-mange-tout.com
Address: 22 Nando-machi, Shinjuku-ku
Cuisine: French
Style / Ambiance: Famous for its use of truffles and foie gras dishes, this contemporary French restaurant has been awarded two Michelin stars.
WHERE TO BE PAMPERED

Be taken to another world of relaxation and beauty with our top therapists and spas

ESPA AT THE RITZ-CARLTON
Spa Director: Chikako Naito
Phone: +81 3 6434 8813
Address: Tokyo Midtown, 9-7-1, Akasaka, Minato-ku,
Website: www.ritzcarlton.com/en/Properties/Tokyo/Spa
Treatment and facilities: The Ritz-Carlton was first to introduce ESPA – the British brand – to Japan. Encompassing 21,000 square feet, it offers guests a luxurious spa, state-of-the-art fitness facilities and equipment, an indoor pool, dry sauna, steam sauna, nine spa treatment rooms, one spa suite (ideal for two people) and a fitness studio. There is also the option to purchase a club membership providing special privileges, including a private lounge, and personal training sessions.
Signature treatments: Jet-lag reliever – to relax muscle tension and rehydrate the body after a long flight, therapists use specially selected aromatherapy oils to either aid sleep or invigorate and awaken the body.

SPA AT FOUR SEASONS MARUNOUCHI
Spa Director: Fumie Koyashiki
Phone: +81 3 5222 7222
Address: Pacific Century Place, 1-11-1 Marunouchi, Chiyoda-ku
Website: www.fourseasons.com
Treatment and facilities: ESPA occupies the sixth floor of the hotel and consists of a spa reception area, nine treatment rooms, and separate changing, relaxation and thermal suite areas. The thermal suites area offers crystal steam rooms, dry saunas and aromatherapy “experience” showers. The warm earthy tones and ‘washi’ paper light fixtures create the perfect environment in which to revitalize body and mind.
Signature treatments: The Keihatsu Enlightenment Massage - Developed especially for the Peninsula Spa by ESPA this holistic massage evolved from the ancient traditional techniques used by Nihon Kaifuku Anma. An Influence of Shiatsu - Launched in September 2010, this massage was developed with the shiatsu lecturer and practitioner Rosamunde Jordan and is intended to help enhance the body’s Qi and restore equilibrium.

CHI, THE SPA AT SHANGRI-LA
Spa Director: Yuka Kanaori
Phone: +81 3 6739 7888
Address: Marunouchi Trust Tower Main,
1-8-3 Marunouchi, Chiyoda-ku
Website: www.shangri-la.com/en/property/tokyo/shangrilia/health/chispa
Treatment and facilities: CHI, The Spa at Shangri-La draws inspiration from the Shangri-La legend. Featuring six serene private spa suites in a tranquil corner of the hotel this spa’s two specialty suites offer stunning views over Tokyo. The extensive spa menu consists of award-winning CHI massages and treatments.
Signature treatments: Kisetsu Ritual - This treatment is only available in Japan and is inspired by a unique appreciation of the seasons so guests will have different experiences at different times of the year.
Yang Chi Energizer - Inspired by traditional Chinese medicine, the deep tissue techniques focus on stimulating specific points to improve blood circulation, alleviate stress, help to loosen knots in the muscles, relieve pain and improve mobility.

THE PENINSULA SPA BY ESPA
Spa Director: Yumi Kitahara
Phone: +81 3 6270 2888
Email: yumikitahara@peninsula.com
Address: 1-8-1 Yurakucho, Chiyoda-ku
Website: www.peninsula.com/tokyo
Treatment and facilities: The Peninsula Spa by ESPA is intended to help enhance the body’s Qi and restore equilibrium. The suites consist of a spa reception area, nine treatment rooms, and separate changing, relaxation and thermal suite areas. The thermal suites area offers crystal steam rooms, dry saunas and aromatherapy “experience” showers. The warm earthy tones and ‘washi’ paper light fixtures create the perfect environment in which to revitalize body and mind.
Signature treatments: The Spa, with its contemporary setting, offers separate men’s and women’s steam rooms and traditional Japanese scrubs and Onsen baths. The Kenzoki range of skin care products is exclusively available at the spa, with each of their treatments containing a signature natural ingredient. Guests can unwind with a massage in one of two private therapy rooms, enjoy a steam room or simply relax with refreshments in the intimate relaxation rooms.

THE FOUR SEASONS MARUNOUCHI
Spa Director: Fumie Koyashiki
Phone: +81 3 5222 7222
Address: Pacific Century Place, 1-11-1 Marunouchi, Chiyoda-ku
Website: www.fourseasons.com
Treatment and facilities: The Four Seasons Marunouchi Spa continues the holistic journey started by ESPA at the Peninsula Spa. Guests can enjoy a range of treatments including deep tissue massages, facials, and a range of body treatments. The spa is located on the 45th floor of the hotel and offers sweeping views of Tokyo.
Signature treatments: An oasis of calm in Tokyo, the Club on the Park experience is one that comes with sweeping views, generously-appointed spaces and exquisite pampering by dedicated spa and fitness specialists. The 45th floor is devoted to tranquility of body and mind, with spacious relaxation areas and private suites where an extensive range of tailored aesthetic treatments, including the unique Vichy hydrotherapy, may be enjoyed.

ELITE DESTINATION GUIDE | TOKYO
www.elitetraveler.com
WHERE TO BE PAMPERED

Japanese Onsen – With a high level of volcanic activity Japan is rich in natural hot springs known as onsen and a visit to one of these is a truly unique experience. Onsen retreats are important to the Japanese domestic tourist industry and many are now incorporated into traditional inns with other spa facilities, luxury accommodation and restaurants. To qualify as an onsen, hot springs must naturally contain a certain amount of minerals, which are believed to have healing qualities. Onsen were traditionally public bathing places and, like sento, public baths guests are expected to wash before entering the onsen.

KUSATSU ONSEN
Phone: +81 2 7988 0800
Email: tsuchiya@kusatsu-onsen.ne.jp
Website: www.kusatsu-onsen.ne.jp
Treatment and facilities: The superior quality of Kusatsu Onsen’s water has been widely recognized since ancient times. It has been identified as one of Japan’s top three locations for hot spring water and can be found just two hours away from Tokyo. It is because the therapeutic benefits of Kusatsu’s water are so high that the traditional Kusatsu folk song praises it as being able to ‘cure everything but love sickness’.

KADEN SPA AT GORA KADEN RYOKAN (TRADITIONAL INN)
Phone: +81 4 6082 3331
Email: spa@gorakadan.com
Treatment and facilities: Located 90km south west of Tokyo, in the grounds of the summer residence of a former member of the imperial family, Gora Kaden has two wells from which hot mineral rich water flows. The spa is located in the Japanese garden where the tranquil atmosphere soothes both body and soul. Treatments include relaxing massages and stone therapy, all preceded by a long soak in the onsen to prepare the skin.
Tokyo is much more than just skyscrapers and sushi. We have picked some of our favorites, so whether you want to learn more about the city’s history and culture by visiting the Imperial Palace or a religious shrine, have fun with the family at Sunshine City or find out about the ancient sport of Sumo, there is something here for everyone.

**SOMETHING DIFFERENT**

**TSUKIJI FISH MARKET TOUR**  
Phone: +81 3 3547 8011  
Address: Tsukiji Fish Market, Chuo  
Website: www.shijou.metro.tokyo.jp
The world’s largest wholesale fish market is held here between 5am and 10am every day, except Sundays, and is a truly unique experience that is well worth getting up early for. During the auctions around 15,000 restaurateurs and food sellers buy from about 17,000 stalls. Although very much a place of work for the sellers and buyers they are used to visitors and it is possible to arrange private tours. The market specializes in tuna and most of it is eaten raw as sashimi, but there are 450 different types of fish available. Just outside the market there are several sushi restaurants open for breakfast.

**ADVENTURE**

**MOUNT TAKOA**  
Phone: +81 4 2661 0308  
Address: 2205 Takoamachi Hachioji-shi  
Website: www.takaotozan.co.jp/takaotozan_eng1/index.htm
Located about 30 miles from the center of Tokyo, visitors can easily enjoy the natural beauty of Mount Takoa and many other nearby attractions in a single day trip. In recognition of its magnificent beauty, the 2007 edition of Michelin’s *Voyager Pratique Japon* awarded Mount Takao and Mount Fuji the maximum of three stars. Visitors can take the cable car or lift up Mount Takao to a halfway point 1,300 feet up, or climb to the top along one of three trails, each of which takes about one-and-a-half hours. The summit has been designated a Mount Fuji viewing spot by the Ministry of Land, Infrastructure and Transport.

**CULTURAL**

**IMPERIAL PALACE GARDENS TOUR**  
Phone: +81 3 3213 2050  
Website: http://sankan.kunaicho.go.jp/english/guide/koukyo.html
The imperial family has lived in this palace since 1590 and the current emperor and his family still live in the western part of the grounds. The rest of the grounds are divided into public parks with most famous landmark being a double-arched stone bridge that was completed in 1888 as the main entrance to the palace. The gardens are also known for their stunning seasonal flowers which include azaleas and hydrangeas. The Museum of the Imperial Collections is located in the East Garden and showcases a changing exhibition of part of the imperial household treasures. The gardens are open from 9am to 4pm (3.30pm Nov to Feb) Tuesday to Thursday, Saturday and Sunday.
WHAT TO DO ➤ DURING THE DAY

SENSOJI TEMPLE
Phone: +81 3 3842 0181
Address: 2-3-1 Asakusa
Website: www.senso-ji.jp
The Buddhist temple, also known as the Asukusa Kannon, is Tokyo’s oldest temple dating back to the year 645. Dedicated to the Buddhist goddess of mercy; it features a five-story pagoda, tranquil gardens, impressive paintings in the main hall, an incense burner and statues – including the Nade Botkesan Buddha, which has been polished smooth by visitors rubbing it for good luck. As well as the impressive buildings you will be able to observe the daily rituals that make this temple so special.

MEIJI SHRINE VISIT
Phone: +81 3 3379 5511
Address: Meiji Jingu, 1-1 Yoyogi-Kamizono-cho, Shibuya-ku,
Website: www.meijijingu.or.jp
Shinto is the original Japanese religion and this shrine is dedicated to the Emperor Meiji and his consort Empress Shoken, who died in 1912 and 1914 respectively. Trees were donated from all over the world and the shrine was created in 1920. The location encompasses the Treasure Museum, a hall of sacred music and dance, a martial arts training hall, gardens and a café.

BULLET TRAIN TO KYOTO
Website: www.english.jr-central.co.jp
The ‘Bullet Train’ or Shinkansen is the world’s oldest high speed train network and has been operating since 1964. There are three types in use: the Nozomi are the fastest and sleekest and only stop at the main stations (including Tokyo and Kyoto). Trains can reach up to 300km per hour, with the journey to Kyoto taking about two and a half hours. Announcements on board are made in both English and Japanese. Once in Kyoto, places to visit include the Kyoto International Manga Museum, the National Museum of Modern Art and the Kyoto Imperial Palace.

21 21 DESIGN SIGHT
Phone: +81 3 3475 2121
Address: 9-7-6 Akasaka Minato-ku
Website: www.2121designsight.jp/en
Led by fashion designer Issey Miyake, graphic designer Taku Satoh and product designer Naoto Fukasawa this forward-thinking arts center holds diverse exhibitions that are designed to show the world in a different light. Between June and September there will be an exhibition of the 13-year collaboration between Issey Miyake and the photographer Irving Penn.

SUNSHINE CITY
Phone: +81 3 3989 3429
Website: www.sunshinecity.co.jp
Opened in 1978, this is Tokyo’s oldest city within the city and has something for all the family. At the center is Japan’s second tallest building, Sunshine 60, at the top of which is an observation deck where visitors can enjoy stunning views. There is also the Ancient Orient museum and planetarium to visit, as well as shops and restaurants. The aquarium is due to reopen in summer 2011 following a period of refurbishment.

SUMO MUSEUM
Phone: +813 3622 0366
Address: 1-3-28 Yoko-ami, Sumida ku
Website: www.sumo.or.jp/eng/museum/index.html
Holding a whole range of historical artifacts relating to the history of Sumo – including woodwork prints, banzuke [official rankings] and kesho-mawashi [ceremonial aprons] from great competitors of the past – the museum offers a unique glimpse into this important aspect of Japanese cultural history. During the Grand Tour it is only open to people attending the tournament.
What to do ➤ during the night

NEW YORK BAR, PARK HYATT
Phone: +81 3 5322 1234
Address: 3-7-1-2 Nishi Shinjuku
With breathtaking views from the 52nd floor of the hotel the New York Bar is famous for sensational live music each night from top international jazz artists. To drink you’ll find classic and original cocktails, premium cognac and brandies, the largest selection of American wines in Japan and a casual dining menu.

BAR AMOUR
Phone: +81 3 3403 1282
Email: info@amour-bar.jp
Address: 1F Ayoma Center Building, 3-8-40 Minami Aoyama, Minato ku
Website: www.amour-bar.jp
Karaoke is immensely popular in Japan and Amour’s four private members’ rooms are a perfect place to try it out while living it up in complete luxury.

AGEHA CLUB
Phone: +81 3 5534 2524
Email: info@ageha.com
Address: 2-2-10 Shin Kiba, Koto-ku
Website: www.ageha.com
This exclusive nightclub just outside Tokyo has three exclusive VIP rooms offering visitors a personalized experience and the secret VIP room, Romper Room, features an outdoor Jacuzzi. The club has an outside terrace with a swimming pool and a dance tent.
What to do during the night

BAR

AQUAVIT
Phone: +81 3 5413 3300
Address: Kita-Aoyama 2-5-8 Aoyama OM Square 1F
Website: www.aquavit-japan.com
This sleek Scandinavian style bar boasts a number of unique cocktails based on aquavit, the potent Scandinavian schnapps as well as serving tasty Swedish nibbles.

BAR

BAR HO
Phone: +81 3 5774 4390
Address: 6-2-10 Backborn House
Website: www.bar-ho.com
Popular with Tokyo's wealthy and glamorous there are over 70 different single malts to enjoy at this whiskey bar in either the main lounges or private bar.

BAR

JICO FLOATING BAR
Phone: +81 3 5774 4390 / +81 1 2004 9490
Address: 1-6-1-303 Kaigan Minato-ku
Website: www.jicoofloatingbar.com
The floating space age bar, which was designed by renowned anime cartoonist Leiji Matsumoto, serves sophisticated drinks on board as it shuttles back and forth between Hiriode Pier and Odaiba on Tokyo Bay.

BAR

MATERIO
Phone: +81 3 3196 6021
Address: Tokyu Hands Building 12-18 Udagawacho, Shibuya-ku
Website: www.materio.jp
A futuristic sci-fi bar, Materio, with its cool and stylish interior is one of the best places to drink with friends. Try its Egoist and Charisma cocktails – the Vietnamese salad also comes recommended.

BAR

TIKKI TIKKI
Phone: +81 3 226 0996
Address: 3-4-8 Shinjuku Saison Plaza
Website: www.tikkitikki.jp
Indulge in some Hawaiian excess as you are served colorful fruity cocktails and Hawaiian nibbles in this vibrant bar. Complete with bamboo, wicker seating and live hula dancing, this is the perfect place for a lively night out with friends.

BAR

STAR BAR
Phone: +81 3 3535 8005
Address: Sankosha Building B1F 1-5-13 Ginza, Chuo-ku
Website: www.starbar.jp
One of a new wave of cocktail bars sweeping across Japan, this exclusive bar allows a select few to spend the evening sampling the latest concoctions.

CLUB

LEXINGTON QUEEN
Phone: +81 3 3401 1661
Address: 3-13-14 Roppongi, Minato
Located at the heart of Tokyo's nightlife, Lexington Queen quickly established itself as one of the hottest clubs in town when it opened in 1980. With an eclectic music policy and an array of food it still attracts a vibrant crowd even after 30 years.

CLUB

MADO LOUNGE
Phone: +81 3 3470 0052
Address: 1-11 Sarugaku-cho
One of the hippest bars to hang out at in Tokyo, XEX can be found in the classy fashion district of Ginza. With its stylish interior, live jazz music, baby grand piano and terrace with pool and mini waterfall, this is a fabulous place to enjoy a cocktail or two.

JAZZ

XEX
Phone: +81 3 3476 0065
Address: 1-11 Sarugaku-cho
One of the hippest bars to hang out at in Tokyo, XEX can be found in the classy fashion district of Ginza. With its stylish interior, live jazz music, baby grand piano and terrace with pool and mini waterfall, this is a fabulous place to enjoy a cocktail or two.
The Sumo Tour is one of the highlights of the Japanese calendar and the day-long event comes to Tokyo three times a year.

In July the Sumida River Fireworks Festival is one of the most spectacular fireworks displays in the world and should not be missed.

Throughout the spring, Tokyo is bathed in cherry blossom and Ueno Park is one of the first places to bloom and the best for blossom parties.

CHERRY BLOSSOM FESTIVAL
APRIL, ANNUALLY
Phone: +81 3 3832 5053
Cherry blossom is Japan’s national flower and symbolizes the arrival of spring and the beginning of the new school and financial year. The cherry blossom of Tokyo’s trees is a truly spectacular sight and one of the best places to experience the full impact is at Ueno Park where there are over one thousand trees. The hanami (flower viewing) can just be a walk in the park, but most Japanese take a picnic or have a party under the trees to experience the beauty of the blossom in full. Ueno Park is also the location of the National Museum and the oldest zoological garden in Japan.

SUMIDA RIVER FIREWORKS FESTIVAL
LAST SATURDAY OF JULY, ANNUALLY
Phone: +81 3 5608 69510
Website: www,sumidagawa-hanabi.com/index_eg.html
Japanese hanaibi (fireworks) displays are more extravagant than most of those in Western cultures and this event is the highlight of the summer. The oldest fireworks festival on record, dating back to the 18th century, it is attended by tens of thousands of locals wearing traditional yukata. There are two main bridges along the river from which you can take in the extravaganza or why not charter a boat down the Sumida River?
SuMO TOUR
JANUARY, MAY AND SEPTEMBER, ANNUALLY
Website: www.sumo.or.jp

Sumo is Japan’s oldest international sport and is still immensely popular in Japan. The Ryogoku Stadium is the best place not only to see the tour but also to learn more about the Sumo world. It comes to Tokyo three times a year and is a uniquely Japanese experience where visitors can either sit in Western-style stadium seating or choose a traditional Japanese box. Exclusive and VIP tickets are available through your concierge.
Tokyo is famous for its big department stores that stock the latest collections from both international and Japanese designers. You can choose to shop in one of the magnificent world class shopping centers or along exclusive streets jam-packed with boutiques – or why not do both.

**GINZA**

Ginza is the most exclusive and expensive shopping area in Japan where you will find high-end Japanese department stores including Mitsukoshi, Hankyu and Seibu, as well as art galleries and French-style cafes. Ginza is also home to the Sony building and includes a showroom where you can try out the latest products.

**ROPPONGI HILLS**

Roppongi Hills is much more than just a shopping complex. As well as housing over 200 shops, including Giorgio Armani, La Perla, and Louis Vuitton, there are art galleries, nine cinema screens, an observation deck with incredible views across the city and a wide range of restaurants.

**OMOTESANDO HILLS**

There are close to a hundred shops in this commercial center which boasts many flagship stores for fashion brands, including Dolce & Gabbana and Jimmy Choo. The fashion style, known as Omestando mode, is for refined and discerning individuals who are not constrained by the boundaries of style.

**MAJOR STORES**

**10 CORSO COMO**

Phone: +81 3 5774 7800
Address: 10 Corso Como Comme des Garçons, 5-11-5 Minami Aoyama Minato-ku
Website: www.10corsocomo.com

10 Corso Como was founded in 1990 by gallery owner and publisher Carla Sozzani, and in 2002 the three-floor Tokyo store opened in partnership with Comme des Garçons.

**BARNEYS NEW YORK**

Phone: +81 3 3574 7800
Address: 3-18-5 Shinjuku, Shinjuku-ku
Website: www.barneys.co.jp

The luxury department store Barneys New York opened its first shop outside the US in Tokyo in 1990. Brands available are Giorgio Armani, Manolo Blahnik, Fendi, Givenchy, Mark Jacobs and Prada.

**HANKYU**

Phone: +81 3 3575 2233
Address: 2-5-1 Yurakucho, Chiyoda-ku
Website: www.hankyudept.co.jp

Located in the Yurakucho Marion building, this Japanese department store houses several well-known brands including Dolce & Gabbana, Michael Kors and Yohji Yamamoto.

**ISETAN SHINJUKU**

Phone: +81 3 3352 1111
Address: 3-14-1 Shinjuku, Shinjuku-ku
Website: www.isetan.co.jp

With over 100 years’ experience as fashion leaders in Tokyo, the Isetan store includes many Japanese and international brands including Burberry, Miu Miu and Issey Miyake. It also offers complimentary interpreting and shopping assistance in several languages including English.

**LIFT**

Phone: +81 3 5459 0635
Address: Lift Écru, 17-5 Daikanyama-cho, Shibuya-ku

Owner Masahiro Tsunoda has over 15 years’ experience in bringing some of the most exclusive items to Tokyo. Brands to be found across the three stores and showroom include Alexander McQueen, John Galliano and Balenciaga.

**MITSUKOSHI**

**NBASHI (FLAGSHIP STORE)**

Phone: +81 3 3241 3311
Address: 1-4-1 Muromachi, Chuo-ku

**GINZA**

Phone: +81 3 3562 1111
Address: 4-6-16 Ginza, Chuo-ku
Website: www.mitsukoshi.co.jp

This internationally renowned department store is the oldest in Japan and can trace its history back to 1673 when founder Mitsui Takotoshi opened a kimono store. Now with stores across Asia, Europe and North America, the flagship store is still located in Nihonbashi, whilst a second Tokyo store opened in 1930 in Ginza. The luxurious kimono department is not to be missed. Brands available include Celine, Hermes, Lanvin, Louis Vuitton and Valentino.

**ODAKYU SHINJUKU**

Phone: +81 3 3342 1111
Address: 1-1-3 Nishi-Shinjuku, Shinjuku-ku
Website: www.odakyu.co.jp

Odakyu department store in Shinjuku Terrace City includes world-renowned brands such as Chanel and Hugo Boss as well as prestigious Japanese brands such as Shiseido and Samantha Thavasa.

**RESTIR**

Phone: +81 3 5413 3708
Address: 4-2-2, Ginza, Chuo-ku, Yayoi Building
Website: www.restir.com

At this outstanding fashion boutique you will find brands such as Alexander McQueen, Jimmy Choo and Yves St Laurent.
WHAT TO DO ➤ SHOPPING

SEIBU IKEBUKURO
Phone: +81 3 3981 0111
Address: 1-28-1 Minami Ikebukuro, Toshima-ku
Website: www2.seibu.jp
One of Tokyo’s largest department stores, Seibu Ikebukuro is located at the east exit of Ikebukuro Station and houses many luxury brands including Donna Karen, Salvatore Ferragamo and Ermenegildo Zenga.

SEIBU SHIBUYA
Phone: +81 3 3462 0111
Address: 21-1 Udagawa-cho, Shibuya-ku
Website: www2.seibu.jp
The Shibuya store consists of nine floors featuring fashion brands such as Chloe, Emilio Pucci and Marni.

TAKASHIMAYA NIHONBASHI
Phone: +81 3 5361 1111
Address: 2-24-2 Sendagaya, Shibuya-ku
Website: www.takashimaya.co.jp/shinjuku
This masterpiece of Showa architecture first opened its doors in 1933 and in 2009 became the first department store to be designated an important cultural property. Brands available include Gucci and Moschino.

TAKASHIMAYA SHINJUKU
Phone: +81 3 5361 1111
Address: 5-24-2 Sendagaya, Shibuya-ku
Website: www.takashimaya.co.jp
The 15-story Takashimaya store in Shinjuku opened in 1996 and is where you can find labels such as Armani Collezione, Lanvin and Paul Smith.

TOKUYU
SHIBUYA HONTEN
Phone: +81 3 3477 3111
Address: 2-24-1 Dogenzaka, Shibuya-ku
Website: www.tokyu-dept.co.jp
Tokyu sells designer fashions for men and women and high-end goods for the home. The gourmet food hall in the basement houses branches of the extremely popular delis Seijo Ishii and Dean & Deluca.

FASHION AND ACCESSORIES

ALFRED DUNHILL
GINZA
Phone: +81 3 289 0511
Address: 2-6-7 Ginza, Namiki-Dori
Website: www.dunhill.com

ANYA HINDMARCH
GINZA
Phone: +81 3 3567 8677
Address: Ginza 4-3-11, Chuo-ku
Website: www.anyahindmarch.com

BURBERRY
GINZA
Phone: +81 3 5537 6160
Address: 8-8-9 Ginza, Chuo-ku

OMOTESANDO HILLS
Phone: +81 3 5778 7891
Address: 5-8-2 Jingumae, Omotesando, Shibuya-ku

MARUNOUCHI
Phone: +81 3 3287 6160
Address: 1-9-1 Marunouchi, Chiyoda-ku
Website: www.burberry.com

CELINE
GINZA
Phone: +81 3 3538 3236
Address: 3-6-1 Ginza Chuo-ku

OMOTESANDO HILLS
Phone: +81 3 5771 4801
Address: 3-5-29 Kita Aoyama, Minato-ku
Website: www.celine.com

CHANEL
GINZA
Phone: +81 3 3289 5519
Address: 6-7-19 Ginza, Chuo-ku

GINZA
Phone: +81 3 5159 5555
Address: 3-5-3, Ginza Chuo-ku

OMOTESANDO HILLS
Phone: +81 3 6418 0630
Address: 5-10-1 Jingumae, Shibuya-ku
Website: www.chanel.com

CHRISTIAN LACROIX
ROPPONGI HILLS
Phone: +81 3 5786 9785
Address: 6-10-2 Roppongi Hills Keyakizaka Doori, Roppongi, Minato-ku

GINZA
Phone: +81 3 5524 3365
Address: 103-1, 3-chome, Ginza Chuo-ku
Website: www.christianlacroix.fr

DIANE VON FURSTENBERG
MINAMI AYOMA
Phone: +81 3 3498 4301
Address: Collezione 1F, 3-6-1, Minato-ku
Website: www.dvf.com

DOLCE & GABBANA
GINZA
Phone: +81 3 3569 0610
Address: 5-4-9 Ginza, Chuo-ku

OMOTESANDO HILLS
Phone: +81 3 5785 0853
Address: Omotesando Hills, 4-12-10 Jingumae, Shibuya-ku
Website: www.dolcegabbana.com

DONNA KARAN
OMOTESANDO HILLS
Phone: +81 3 5414 5500
Address: One Omotesando Building, 3-5-29 Kita-Aoyama, Minato-ku
Website: www.donnakaran.com

DIANE VON FURSTENBERG
MINAMI AYOMA
Phone: +81 3 3498 4301
Address: Collezione 1F, 3-6-1, Minato-ku
Website: www.dvf.com

GIORGIO ARMANI
GINZA
Phone: +81 3 5250 8959
Address: 3-6-1 Ginza, Chuo-ku
Website: www.fendi.com

FENDI
GINZA
Phone: +81 3 3524 1266
Address: 4-3-9 Ginza, Chuo-ku
Website: www.fendi.com
WHAT TO DO ➤ SHOPPING

**GIVENCHY**
MINAMI AOYAMA
Phone: +81 3 5785 3431
Address: Aoyama Twin East 1F, 1-1-1, Minami-Aoyama, Minato-ku
Website: www.givenchy.fr

**GUCCI**
SHINJUKU
Phone: +81 3 5368 6311
Address: 3-26-11 Shinjuku, Shinjuku-ku
GINZA
Phone: +81 3 3478 2788
Address: 7-9-17 Ginza, Chuo-ku
Website: www.gucci.com

**HERMES**
MARUNOUCHI
Phone: +81 3 3213 8041
Address: 3-3-1 Marunouchi, Chiyoda-ku
GINZA
Phone: +81 3 3478 2100
Address: 7-6-1 Ginza, Chuo-ku
Website: www.hermes.com

**HUGO BOSS**
ROPPONGI HILLS
Phone: +81 3 5412 7588
Address: Roppongi Hills B1F, 6-10-2 Roppongi, Minato-ku
Website: www.hugoboss.com

**ISSEY MIYAKE**
MINAMI AOYAMA
Phone: +81 3 3423 1408
Address: Vingt-Sept Building, 3-18-11, Minami-Aoyama, Minato-ku
ISSEY MIYAKE HAAT - MINAMI AOYAMA
Phone: +81 3 5785 0400
Address: Sugimoto Building, 4-21-29 Minami Aoyama, Minato-ku
Website: www.isseymiyake.com

**JEAN PAUL GAULTIER**
MARUNOUCHI
Phone: +81 3 5224 5032
Address: 2-1-1 Marunouchi, Chiyoda-ku
Website: www.jeanpaul-gaultier.com

**JIMMY CHOO**
GINZA
Phone: +81 3 5537 2115
Address: 6-7-2 Ginza Chuo-ku
Website: www.jimmychoo.com

**LANVIN**
GINZA
Phone: +81 3 3478 2100
Address: Roppongi Hills B1F, 6-10-2 Roppongi, Minato-ku
GINZA
Phone: +81 3 3478 2100
Address: 7-6-1 Ginza, Chuo-ku
Website: www.lanvin.com

**LOUIS VUITTON**
ROPPONGI HILLS
Phone: +81 3 3572 5561
Address: 4-25-18 Jingumae, Shibuya-ku
Website: www.marcjacobs.com

**MARNI**
MINAMI AOYAMA
Phone: +81 3 5770 8782
Address: 4-21-26 Minami Aoyama, Minato-ku
Website: www.marni-international.com

**MIU MIU**
MINAMI AOYAMA
Phone: +81 3 5778 0511
Address: 5-5-8 Minami Aoyama, Minato-ku
Website: www.miumiu.com

**PAUL SMITH**
JINGUMAE
Phone: +81 3 5766 1788
Address: 5-46-14 Jingumae, Shibuya-ku
MINAMI AOYAMA
Phone: +81 3 5485 1788
Address: 5-17-1 Minami-Aoyama, Minato-ku
Website: www.paulsmith.co.uk

**POLO RALPH LAUREN**
JINGUMAE
Phone: +81 3 6438 5800
Address: 4-25-15 Jingumae, Shibuya-ku
Website: www.ralphlauren.com

**PRADA**
GINZA
Phone: +81 3 3575 9071
Address: 6-10-16 Ginza, Chuo-ku
MINAMI AOYAMA
Phone: +81 3 6148 0400
Address: 5-2-6 Minami Aoyama, Minato-ku
Website: www.prada.com

**SALVATORE FERRAGAMO**
GINZA
Phone: +81 3 3572 6600
Address: B1/F - 2/F, Ginza Tokai Building, 7-8-2 Ginza, Chuo-ku
Website: www.ferragamo.com

**TOD’S**
OMOTESANDO HILLS
Phone: +81 3 6419 2055
Address: Omotesando, 5-1-5 Jingumae, Shibuya-ku
Website: www.todsgroup.com

**VERSACE**
KIOI-CHO
Phone: +81 3 3262 2777
Address: Shin Kioi-cho Building 1F, 4-1 Kioi-cho, Chiyoda-ku
Website: www.versace.com

**VIVIENNE WESTWOOD**
JINGUMAE
Phone: +81 3 5774 5939
Address: 5-49-2 Jingumae, Shibuya-ku
SHIBUYA-KU
Phone: +81 3 5728 2083
Address: 1-33-36 Ebisu-Nishi, Shibuya-ku
Website: www.viviennewestwood.com
## WHAT TO DO ➤ SHOPPING

### JEWELRY & WATCHES

<table>
<thead>
<tr>
<th>Boutique</th>
<th>Phone</th>
<th>Address</th>
<th>Website</th>
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<tbody>
<tr>
<td><strong>AUDEMARS PIGUET</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Boutique</td>
<td>+81 3 6830 0788</td>
<td>AP Tower 7-8-8, Ginza Chuo-ku</td>
<td><a href="http://www.audemarspiguet.com">www.audemarspiguet.com</a></td>
</tr>
<tr>
<td><strong>BEST SHINJUKU</strong></td>
<td>+81 3 5360 6800</td>
<td>3-17-12 Shinjuku, Shinjuku-ku</td>
<td>Website: <a href="http://www.audemarspiguet.com">www.audemarspiguet.com</a></td>
</tr>
<tr>
<td><strong>BREGUET</strong></td>
<td>+81 3 6254 7211</td>
<td>Nicolas G. Hayek Center, 7-9-18 Ginza, Chuo-ku</td>
<td>Website: <a href="http://www.breguet.com">www.breguet.com</a></td>
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<tr>
<td><strong>CARTIER</strong></td>
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<tr>
<td>BOUTIQUE CARTIER - NIHOONBASHI</td>
<td>+81 3 3211 4111</td>
<td>Takashimaya Tokyo, 2-4-1 Nihonbashi</td>
<td></td>
</tr>
<tr>
<td><strong>BOUTIQUE CARTIER - GINZA</strong></td>
<td>+81 3 3289 5871</td>
<td>Ginza Honten, 5-5-15 Ginza, Chuo-ku</td>
<td>Website: <a href="http://www.cartier.com">www.cartier.com</a></td>
</tr>
<tr>
<td>CHANEL - WATCHES &amp; FINE JEWELRY</td>
<td>+81 3 3289 5519</td>
<td>6-7-19 Ginza, Chuo-ku</td>
<td><a href="http://www.chanel.com">www.chanel.com</a></td>
</tr>
<tr>
<td>JINGUMAE</td>
<td>+81 3 6408 0630</td>
<td>5-10-1 Jingumae Shibuya-ku</td>
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<tr>
<td><strong>CHOPARD</strong></td>
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<tr>
<td>FLAGSHIP STORE</td>
<td>+81 3 5524 8972</td>
<td>Chopard Building, 2-4-14 Ginza, Chuo-ku</td>
<td><a href="http://www.chopard.com">www.chopard.com</a></td>
</tr>
<tr>
<td><strong>DE BEERS</strong></td>
<td>+81 3 5524 6055</td>
<td>2-5-11 Ginza, Chuo-ku</td>
<td><a href="http://www.debeers.com">www.debeers.com</a></td>
</tr>
<tr>
<td>BOUTIQUE</td>
<td>+81 3 5363 5445</td>
<td>3-14-1 Shinjuku, Shinjuku-ku</td>
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<tr>
<td><strong>DIOR HORIZONETE</strong></td>
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<tr>
<td>Dior Homme</td>
<td>+81 3 5464 6263</td>
<td>Omotesando, 5-9-11 Shibuya-ku</td>
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<tr>
<td><strong>GINZA</strong></td>
<td>+81 3 5537 8211</td>
<td>Chuo Building Tokyo, 1-3F, 5-6-1 Ginza, Chuo-ku</td>
<td><a href="http://www.diorhorlogerie.com">www.diorhorlogerie.com</a></td>
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<tr>
<td><strong>HUBLOT</strong></td>
<td>+81 3 5360 6800</td>
<td>3-17-12 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.hublot.com">www.hublot.com</a></td>
</tr>
<tr>
<td><strong>DOUZE 12 Aoyama</strong></td>
<td>+81 3 770 0012</td>
<td>Minami-Aoyama NS Bldg 1&amp;2F, 2-27-20 Minami-Aoyama, Minato-ku</td>
<td></td>
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<tr>
<td><strong>IWC</strong></td>
<td>+81 3 3519 3737</td>
<td>Chuo Chuoku</td>
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<tr>
<td><strong>BEST SHINJUKU</strong></td>
<td>+81 3 5360 6800</td>
<td>3-17-12, Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.iwc.ch">www.iwc.ch</a></td>
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<tr>
<td><strong>SHIBUYA BY CHARMY</strong></td>
<td>+81 3 3780 5550</td>
<td>20-7, 1-Chome, Jinnan, Shibuya-ku</td>
<td><a href="http://www.charmy.co.jp">www.charmy.co.jp</a></td>
</tr>
<tr>
<td><strong>JAQUER-LECOULTRE</strong></td>
<td>+81 3 3211 4111</td>
<td>Nihonbashi, Chuo-ku</td>
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<tr>
<td>TAKASHIMAYA TOKYO</td>
<td>+81 3 3212 8011</td>
<td>1-9-1 Marunouchi, Chiyoda-ku</td>
<td><a href="http://www.jaegerlecoultre.com">www.jaegerlecoultre.com</a></td>
</tr>
<tr>
<td><strong>DAIMARU TOKYO</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.jaegerlecoultre.com">www.jaegerlecoultre.com</a></td>
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<tr>
<td><strong>MONTBLANC</strong></td>
<td>+81 3 5568 8881</td>
<td>Montblanc Ginza Building, Chuo-ku</td>
<td><a href="http://www.montblanc.com">www.montblanc.com</a></td>
</tr>
<tr>
<td><strong>OFFICINE PANERAI</strong></td>
<td>+81 3 5568 7111</td>
<td>7-6-19 Ginza, Chuo-ku</td>
<td><a href="http://www.panerai.com">www.panerai.com</a></td>
</tr>
<tr>
<td><strong>OFFICINE PANERAI</strong></td>
<td>+81 3 5568 8881</td>
<td>Montblanc Ginza Building, Chuo-ku</td>
<td><a href="http://www.montblanc.com">www.montblanc.com</a></td>
</tr>
<tr>
<td><strong>OFFICINE PANERAI</strong></td>
<td>+81 3 5568 7111</td>
<td>7-6-19 Ginza, Chuo-ku</td>
<td><a href="http://www.panerai.com">www.panerai.com</a></td>
</tr>
<tr>
<td><strong>OMEGA</strong></td>
<td>+81 3 6254 7222</td>
<td>Nicolas G. Hayek Center 2F, 7-9-18 Ginza, Chuo-ku</td>
<td><a href="http://www.omegawatches.com">www.omegawatches.com</a></td>
</tr>
<tr>
<td><strong>HOURS GLASS</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.thehourglass.com">www.thehourglass.com</a></td>
</tr>
<tr>
<td><strong>PIaget</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.piaget.com">www.piaget.com</a></td>
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<tr>
<td><strong>TAG HEUER</strong></td>
<td>+81 3 5467 6801</td>
<td>VenteVell Building, 5-8-1 Jingumae, Shibuya-ku</td>
<td><a href="http://www.tagheuer.com">www.tagheuer.com</a></td>
</tr>
<tr>
<td><strong>DE BEERS</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td></td>
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<tr>
<td><strong>PIAGET</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.piaget.com">www.piaget.com</a></td>
</tr>
<tr>
<td><strong>TAG HEUER BOUTIQUE</strong></td>
<td>+81 3 5467 6801</td>
<td>VenteVell Building, 5-8-1 Jingumae, Shibuya-ku</td>
<td><a href="http://www.tagheuer.com">www.tagheuer.com</a></td>
</tr>
<tr>
<td><strong>TIFFANY</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.tiffany.com">www.tiffany.com</a></td>
</tr>
<tr>
<td><strong>VAN CLEEF &amp; ARPELS</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.vancleef-arpeels.com">www.vancleef-arpeels.com</a></td>
</tr>
<tr>
<td><strong>ZENITH</strong></td>
<td>+81 3 5368 9111</td>
<td>3-29-1 Shinjuku, Shinjuku-ku</td>
<td><a href="http://www.zenith-watches.com">www.zenith-watches.com</a></td>
</tr>
</tbody>
</table>
Tokyo’s historic name was Edo meaning ‘estuary’. Being on the Japanese coast, Tokyo is an ideal base from which to explore the outlying Pacific Islands, each with their own distinctive character. There are numerous islands located up to 1,150 miles from central Tokyo as well as the opportunity for dolphin and whale sightseeing in the surrounding waters.

Yokohama Bayside Marina, the largest in Japan, is located in Tokyo Bay and has been a prime spot for fishing and cruising since it opened in 1996. It has space for approximately 20 visitor berths and a unique, state-of-the-art information system called ‘Bay Side Whisper’, which provides visitors with a constant stream of information on the weather, wind and tide. Facilities include fuel supply, a service center, a maintenance yard and a vacuum pump. There are also plenty of shops and restaurants and a pier from which you can enjoy the ambiance of the bay.

Nagoya Airport – Kukou Kikaku Group
Phone: +81 5 2956 6131
Email: shigeru_tanaka@pref.aichi.lg.jp
Address: Aichi Prefectural Government, Toyoyama Town, Aichi Prefecture, 460-8501, Nagoya
Services: Centrally located between Tokyo and Osaka, the Nagoya region is one of the three major metropolitan regions in Japan. Nagoya Airport provides a special business aircraft passenger terminal that is separate from the terminal for passengers from scheduled flights, and offers simple and rapid CIQ procedures. The customs process, immigration process, and quarantine inspection are sequentially carried out in a single room easing your passage of travel.
WHEN BEST TO GO
Tokyo's summer weather can be hot and muggy, and it can be very cold in the winter, so the more comfortable weather of spring and autumn – March to May and September to November – are the best times to visit Tokyo. The city is particularly picturesque in March and April when the cherry trees are in blossom.

LOCAL CUSTOMS
The Japanese are formal and reserved with a strict etiquette system and visitors are expected to behave politely. Bowing is the customary greeting and you can also bow to communicate thanks or an apology. Some over-the-counter medicines, particularly for allergies and sinus problems, are forbidden under Japanese law, so check with the embassy before travel.

ATTIRE
Most Japanese dress smartly and conservatively so a smart suit is essential for business meetings, and it is not advisable to go to a first-class hotel, a theater or a restaurant wearing casual clothing or anything too revealing. If you are invited to someone’s home remember to bring clean socks as you are expected to remove your shoes.

LANGUAGE
Japanese is the official language. English is not widely spoken in Japan.

CURRENCY
JPY

EXCHANGE RATE
$1 = JPY 77
£1 = JPY 124
€1 = JPY 106

COUNTRY DIALLING CODE
+81

24 HOUR EMERGENCY CONTACT
Ambulance: 119
Fire services: 119
Police: 110

EMBASSY CONTACTS
+81 3 3224 5000 (US)
+81 3 5211 1100 (UK)

TIME ZONE
GMT +9

POPULATION
32 million people live in Tokyo.

RELIGIOUS DEOMOGRAPHIC
Shinto and Buddhism are Tokyo’s two major religions.

PUBLIC HOLIDAYS
• Sanja
• Osunafumi Taisai
• Kachiya
• Hinode Matsuri
• Meiji Shrine Spring Festival

TYPICAL OPENING HOURS
Shops open from 9am to 6pm weekdays and Saturdays. Friday is the day of rest, when many buildings close.

EXCLUSIVE TRANSPORT

EXAS HELICOPTER CRUISING
CEO: Masahiro Uchiike
Phone: +81 4 7380 5555
Website: www.excel-air.com
Flights leave from either Yokohama heliport or Urayasu heliport and can accommodate up to five people at a time. This fabulous experience takes in many of Tokyo’s tourist sites offering a unique view of the city. Light reflecting off of the bay and building lights combine, creating a pretty display.

TOKYO CRUISE SHIP COMPANY
Phone: +81 3 5733 4812
Email: info@suijobus.co.jp
Website: www.suijobus.co.jp
The Tokyo Cruise Ship Company operates various water bus [suijibus] routes around Tokyo with a charter option. The most popular route is down the Sumida River through the middle of the city passing under 12 bridges. Audio guides are available in several languages including English.

CHERRY TREES IN BLOSSOM